



Purina Key tools

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Purina Key Tools

Purina Institute

CentreSquare®

Clinical Nutrition HandBook

Purina Pro Plan

Vet Center

Canine Cognitive Assessment Scale test

Water Intake Calculator

Tailored Feeding Calculator

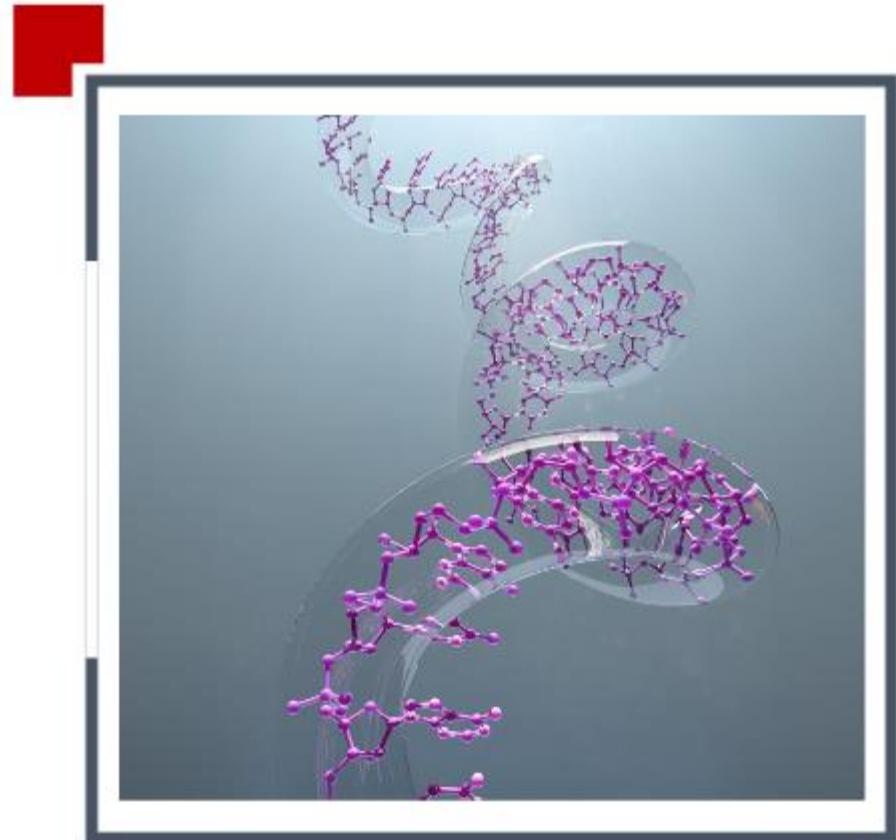
Nutrition Protocols



Advancing Science for Pet Health

The Purina Institute
is a global professional organization
that serves as the voice of Purina's science.

**We are focused solely on the science
- not on products or product claims.**



Facts bringing to life the Purina Institute

 500+ scientists & pet care experts	 ~100 years of research
 5 continents	 8 R&D facilities
 500+ papers	 1700+ granted & pending patents



Good food. Good life.
As part of the world's largest food and nutrition research organization, we share
expertise and explore nutritional connections between pet and human health.

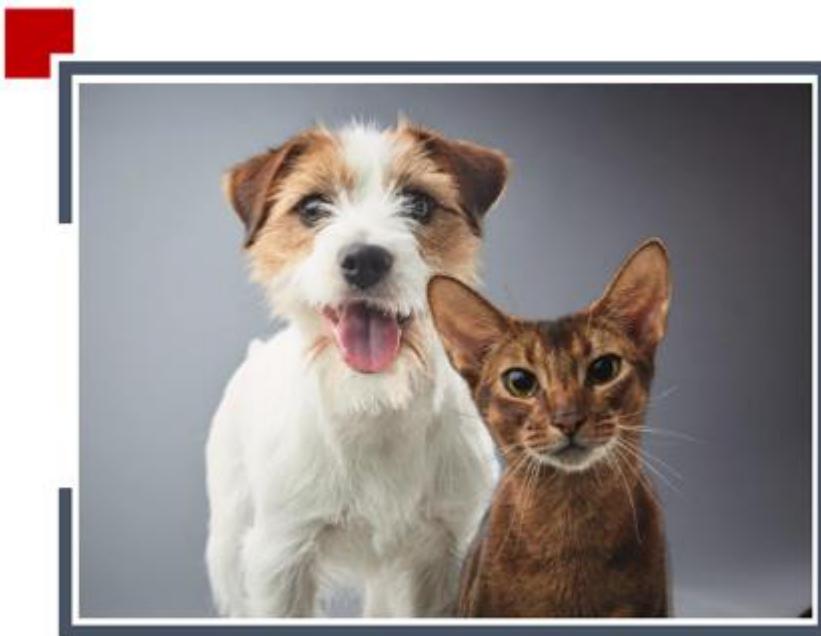
The Purina Institute brings together the veterinary community to demonstrate the power of nutrition on pets' lives

- › We will facilitate collaboration and knowledge exchange with veterinary thought leaders by...

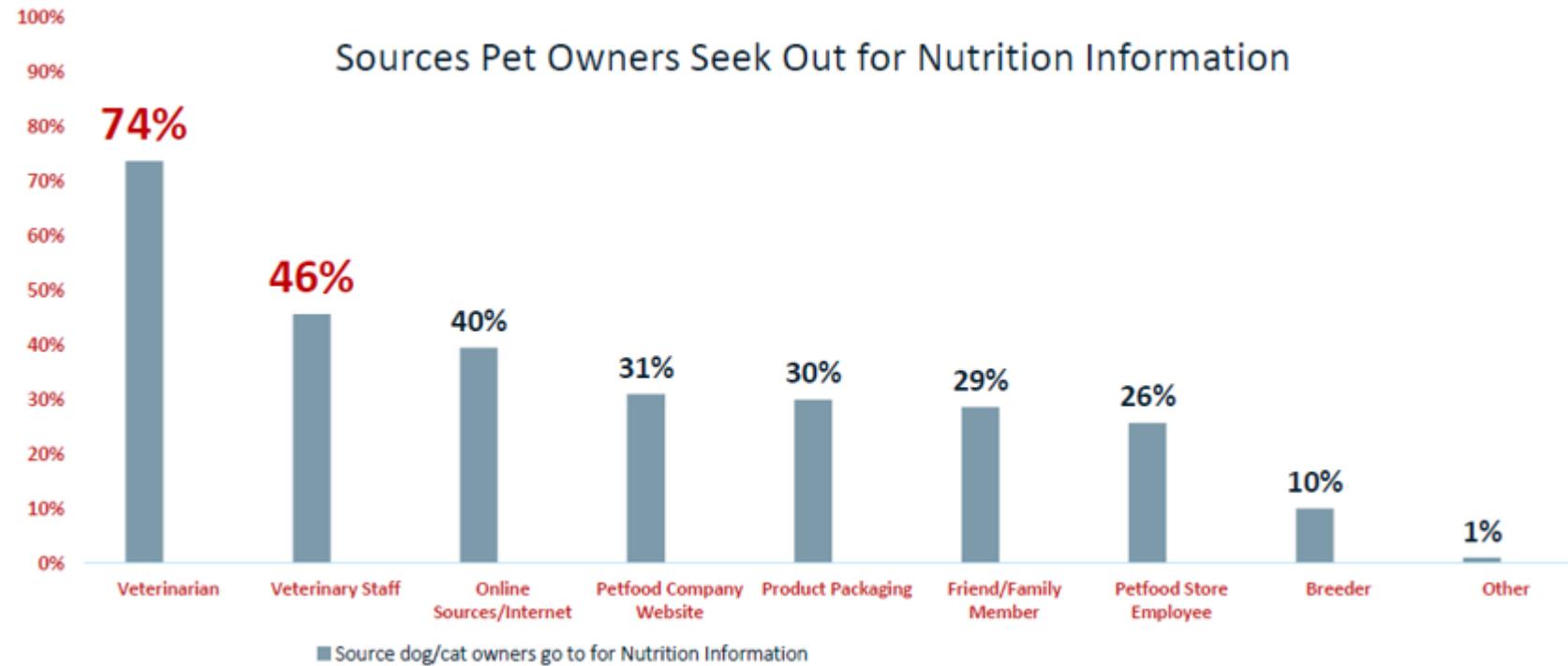
- **Sharing:** fact-based research and scientific perspectives on key nutrition topics.
- **Developing:** scientific programs at global congresses.
- **Hosting:** Companion Animal Nutrition (CAN) Summit and other scientific events.
- **Engaging:** veterinary KOLs as part of the Purina Institute's Advisory Panel.
- **Providing:** veterinary research grants. ECVIM-CA, ESCG
- **Advancing:** global nutrition conversations via a partnership with the World Small Animal Veterinary Association (WSAVA), and in Europe with FECAVA,



› Where do pet owners seek out nutrition information for their dog or cat?

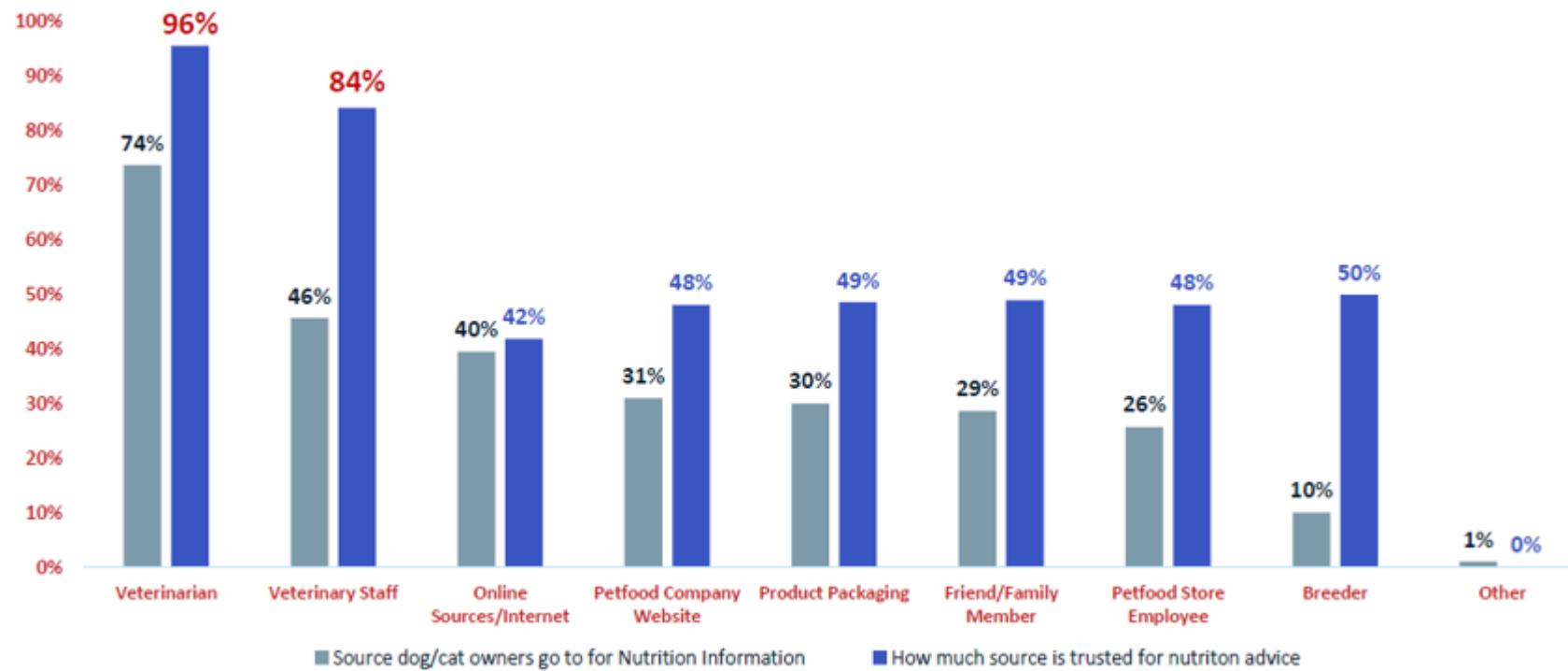


Clinic Staff is Ranked Highest As Sources for Nutrition Information



PI Dog/Cat Owner Research June 2023; n=210, US
Q: What sources do you seek out for nutrition information for your dog/cat? Select all that apply.

And They Are The Most Trusted Sources Too



PI Dog/Cat Owner Research June 2023; n=210, US
Q: Thinking specially about advice on your pet's nutrition, how much do you do you trust information from the following sources?



Advancing Science for Pet Health

A composite image featuring a large, stylized graphic of white, interconnected puzzle pieces on the left. In the center, a brown dog and a brown and white cat are looking towards the camera. On the right, a male veterinarian in a white coat and blue scrubs is writing on a clipboard. The background is a clinical veterinary office.

PUTTING THE POWER OF
NUTRITION SCIENCE INTO PRACTICE

Http://purinainstitute.com

PurinalInstitute.com

SCIENCE OF NUTRITION

- Transforming Heart Health
- Advancing Brain Health
- Neutralizing Allergens
- Extending a Healthy Life
- Promoting Gastrointestinal Health
- Exploring Molecular Nutrition

MICROBIOME FORUM

- Microbiome Fundamentals
- Microbiome-Centric Interventions for Pet Health Conditions
- Nestlé and Purina Leadership in the Microbiome

CENTRE SQUARE

- Life Stage Nutrition
- Focused Nutrition
- Therapeutic Nutrition
- Understanding Pet Food
- Nutritional & Clinical Assessment Tools
- Nutrition Conversations

ABOUT US

- Advancing Science for Pet Health
- Worldwide Scientific Expertise & Resources
- Facilitating Knowledge Exchange & Collaboration
- Continuous Innovation

OUR PARTNERSHIPS

- WSAVA
- ACVIM
- ECVIM
- IVSA

NEW! EVENTS

- Microbiome Forum Events
- Collaborative Care Webinars
- Science of Nutrition Lectures and Symposia
- Companion Animal Nutrition (CAN) Summit

Answering Client Questions About Pet Nutrition

Introducing



CENTRE SQUARE

A Toolkit of Resources that Facilitates Client-Friendly Nutrition Conversations

Is feeding a raw diet okay?

Should I switch to a senior food?

Should I be giving my dog probiotics?

Does my large breed puppy need extra calcium?

Are carbohydrates bad for my cat?

CentreSquare

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PURINA Institute
Advancing Science for Pet Health

CentreSquare Science of Nutrition Microbiome Forum

Putting the Power of Nutrition Science Into Practice

ABOUT US

日本語
Español
Français
中文
Italiano
Português
Deutsch

At the Purina Institute, we believe science is more powerful when it's shared. That's why we're on a mission to unlock the power of nutrition to help pets live better, longer lives.

As a global professional organization, the Purina Institute shares Purina's leading-edge research and evidence-based information from the wider scientific community in an accessible, actionable way with a goal of empowering veterinary professionals to put nutrition at the forefront of pet health discussions to further improve and extend the healthy lives of pets through nutrition.



PRO PLAN®



Advancing Science for Pet Health

CENTRE SQUARE™
A Toolkit of Resources That Facilitates Client-Friendly Pet Nutrition Conversations

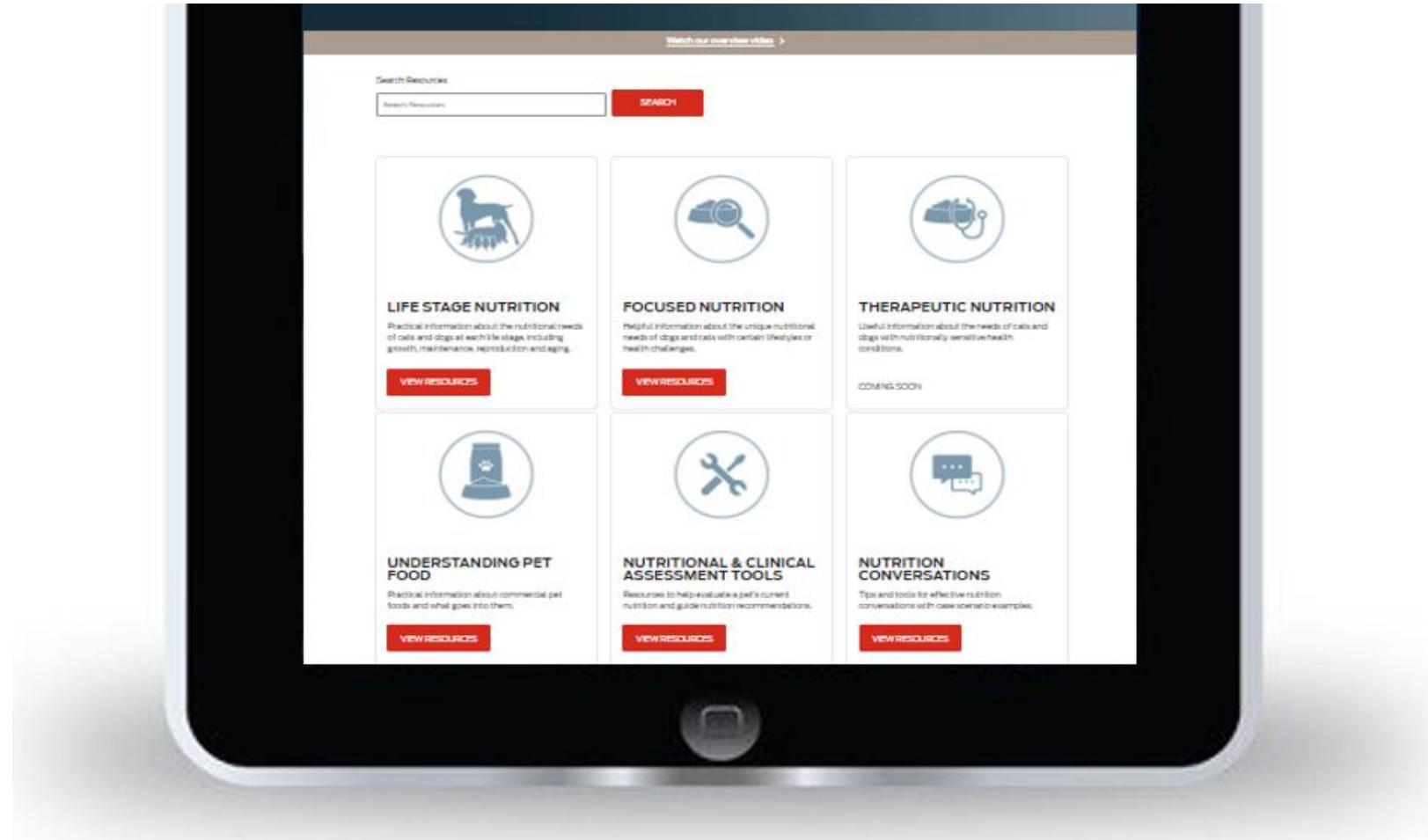
SCAN HERE

www.PurinaInstitute.com/CentreSquare

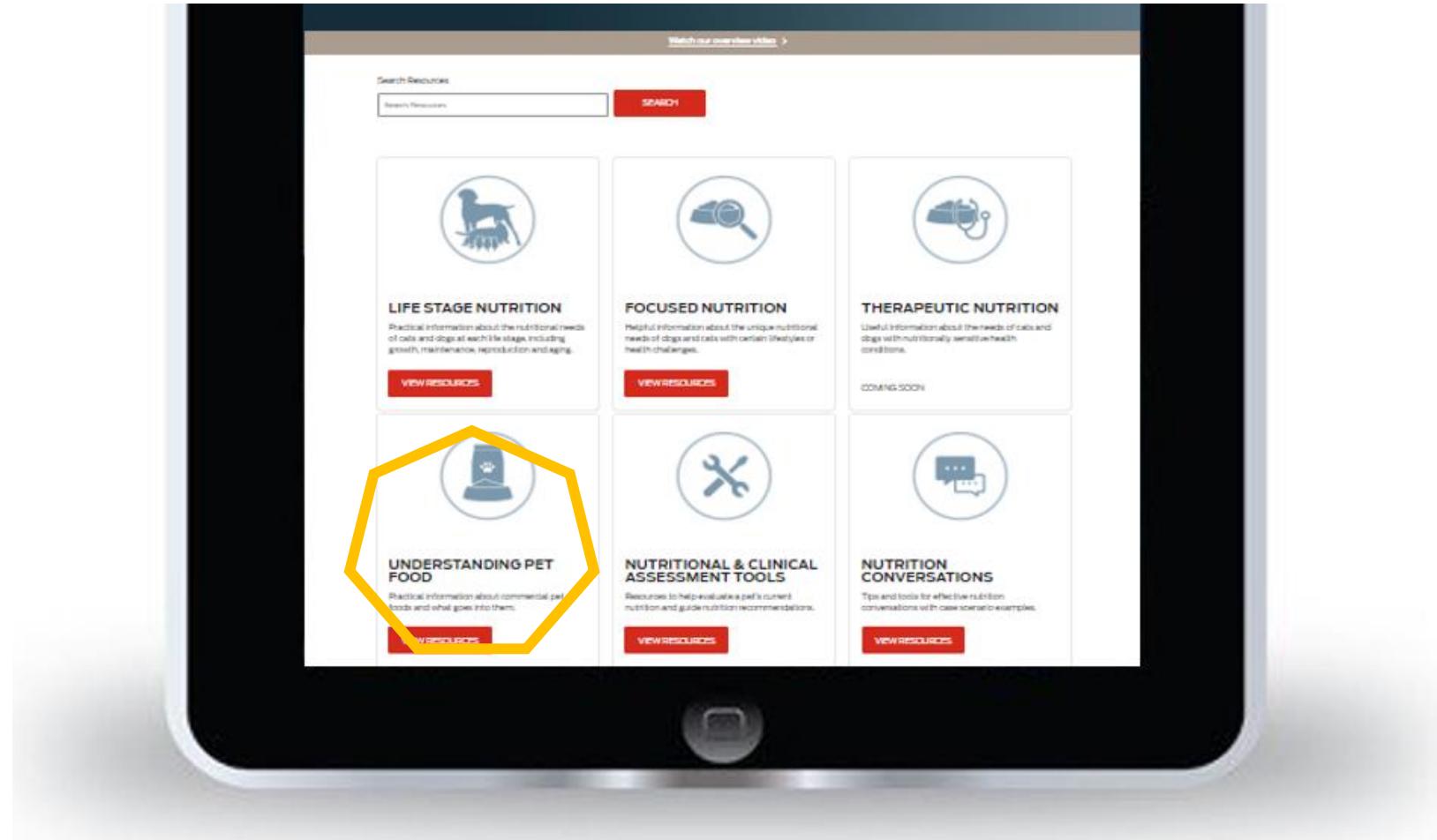


PRO PLAN®

CentreSquare From the Purina Institute Is Your One-Stop Online Resource for Pet Nutrition Science



CentreSquare From the Purina Institute Is Your One-Stop Online Resource for Pet Nutrition Science



Understanding Pet Food

PURINA Institute
Advancing Science for Pet Health

HOT TOPIC

Raw food diets

In focus

Raw food diets are popular with pet owners but the nutritional benefits are unproven, and most are unaware of the health risks that raw food can pose to pets — and people.¹

The Purina Institute provides the science to help you take the lead in conversations about nutrition.

What are the nutritional benefits of feeding raw diets?

The idea that raw food diets mimic foods eaten by wolves or wild cats appeals to many pet owners. However, raw food diets may not be optimal for domestic dogs and cats living long, healthy lives in a home environment.²

Properly formulated raw diets may be nutritionally appropriate, but study after study shows that homemade diets often have nutrient deficiencies³ that can lead to health problems such as:

- Skeletal and developmental defects in puppies.⁴
- Taurine deficiency in heart muscle in 76% of kittens on raw rabbit diets.⁴
- Hyperthyroidism in dogs fed diets that included raw beef gullet.⁵

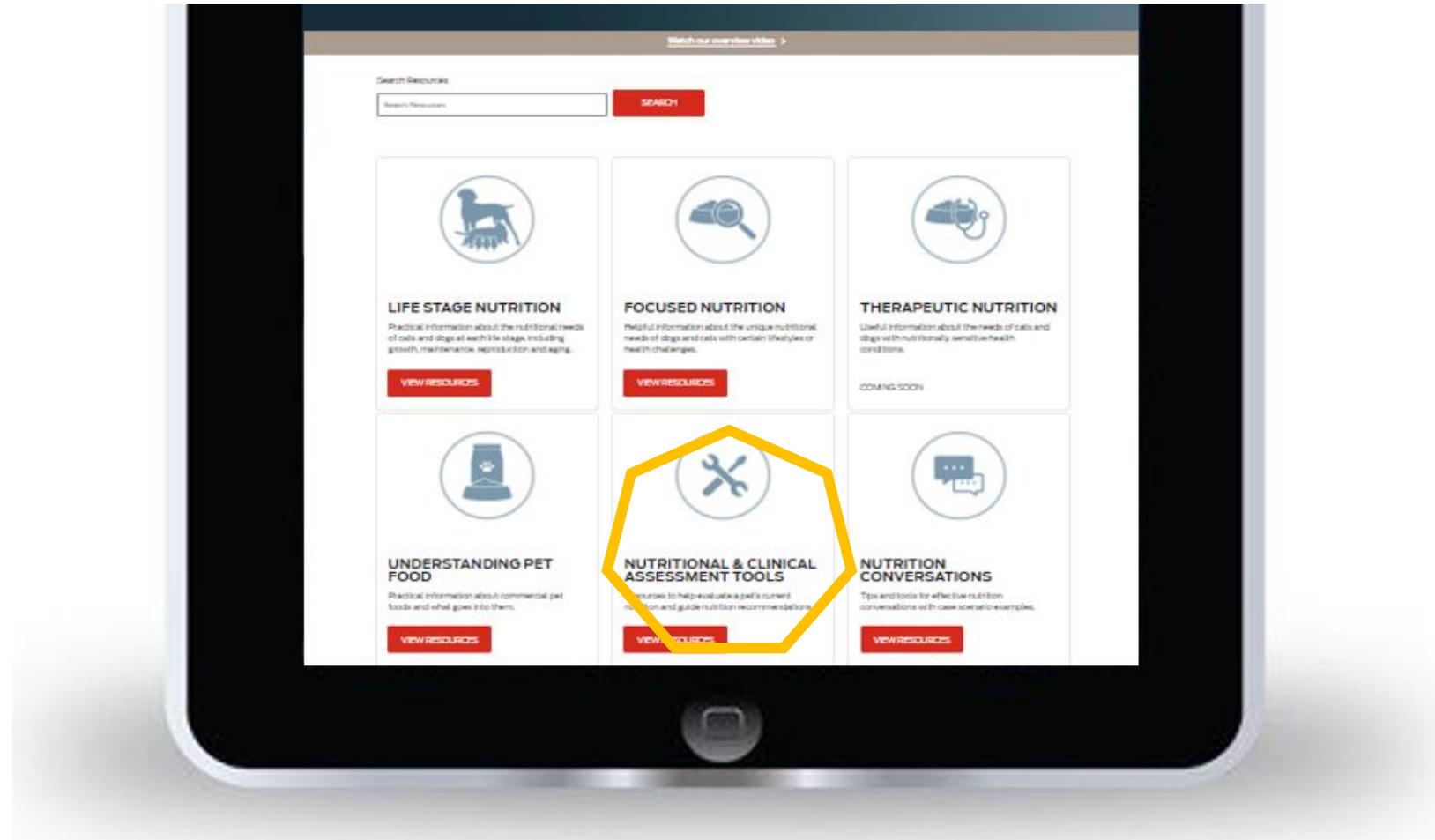
Raw meat are highly digestible, which can result in good stool quality. However, when pet foods are cooked at appropriate temperatures, the digestibility of proteins and grains can be increased — and pose fewer health risks.^{6,7,8}

let's
take back
the conversation.

Learn more about the power of nutrition at
PurinaInstitute.com

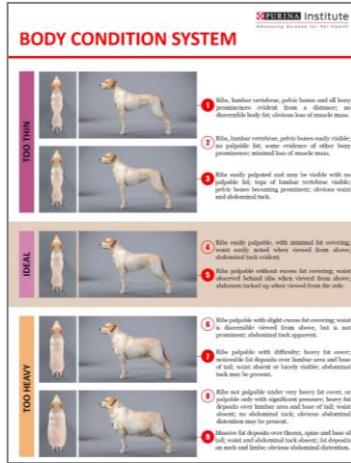
<div style="background-color: #e67e22; color: white; padding: 5px; text-align: center;"> HOT TOPIC </div> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Chicken in pet food</p> <p>Feeding Philosophies</p> <h2>Gluten in Pet Food</h2> <p>Gluten-free diets are increasingly popular in human nutrition and this in turn can influence pet food decisions. What exactly is gluten and why is it found in pet food?</p> <p>VIEW HOT TOPIC</p> <p>6 min to 10 min</p>	<div style="background-color: #e67e22; color: white; padding: 5px; text-align: center;"> HOT TOPIC </div> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Homemade pet foods</p> <p>Feeding Philosophies</p> <h2>Homemade Pet Foods</h2> <p>Homemade diets are perceived as healthier to some pet owners, but despite their draw, they may not be complete and balanced for healthy pets.</p> <p>VIEW HOT TOPIC</p> <p>6 min to 10 min</p>	<div style="background-color: #e67e22; color: white; padding: 5px; text-align: center;"> HOT TOPIC </div> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Raw food diets</p> <p>Feeding Philosophies</p> <h2>Raw Food Diets</h2> <p>Raw food diets are popular with pet owners but the nutritional benefits are unproven, and most are unaware of the health risks that raw food can pose to pets – and people.</p> <p>VIEW HOT TOPIC</p> <p>6 min to 10 min</p>
<div style="background-color: #e67e22; color: white; padding: 5px; text-align: center;"> HOT TOPIC </div> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Nutrition and Heart Health</p> <p>Heart Health</p> <h2>Nutrition and Heart Health</h2> <p>The heart is a vital organ that relies on specific nutrients and a continuous supply of energy to support and maintain a regular rate and rhythm, yet the role of nutrition in pets' cardiac health is often overlooked.</p> <p>VIEW HOT TOPIC</p> <p>6 min to 10 min</p>	<div style="background-color: #e67e22; color: white; padding: 5px; text-align: center;"> HOT TOPIC </div> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Hydration</p> <p>Hydration in Pets</p> <h2>Hydration</h2> <p>Water is vital to health. How much water should pets drink, are there differences between cats and dogs, and how can pets be encouraged to drink?</p> <p>VIEW HOT TOPIC</p> <p>6 min to 10 min</p>	<div style="background-color: #e67e22; color: white; padding: 5px; text-align: center;"> HOT TOPIC </div> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Immunity</p> <p>Nutrition and the Immune System</p> <h2>Nutrition and the Immune System</h2> <p>Good nutrition is essential to ensure a strong immune system throughout the life of cats and dogs. Age, disease or stress can all affect the immune system. Diet plays an important role to optimize immune function and ultimately strengthen the natural defense and immune response.</p> <p>VIEW HOT TOPIC</p> <p>6 min to 10 min</p>

CentreSquare From the Purina Institute Is Your One-Stop Online Resource for Pet Nutrition Science



Nutritional & Clinical Assessment Tools

- Resources to help evaluate a pet's current nutrition and guide nutrition recommendations
- Range of Tools, Videos and Briefs



DIET HISTORY

PLEASE ANSWER THE FOLLOWING QUESTIONS ABOUT YOUR PET

Owner name: _____ Date born (approx): _____

Pet's name: _____ Species: _____ Birth: _____

Gender: Male Female Neutered/Spayed Yes No

1. What proportion of time does your pet spend indoors or outdoors? _____ % indoors _____ % outdoors

2. How active is your pet? Very active Moderately active Overweight Ideal weight Underweight

3. Please list the breeds and product names (if applicable) and the source of all foods, treats, snacks, dental hygiene products, vitamins and any other foods that your pet currently eats, including those that are not listed above. Please indicate if your pet receives any medications or supplements used to administer medications.

Food and Treats (breed, flavor): _____

Form (dry/wet) _____ Amount* (Per Meal) _____ Frequency _____ Pet's name _____

*If feeding by volume, what size measuring device do you use?

4. Do you give your pet any supplements (e.g., vitamins, minerals, probiotics, fish oil, glucosamine, etc.) or other food items not listed above? Yes No If yes, please list types and amounts given _____

5. Has your pet made any changes in your pet's diet in the last 4 weeks? Yes No If yes, please one what change was made and why _____

6. Do you have any questions about feeding or nutrition for your pet? _____

COGNITIVE DYSFUNCTION SYNDROME EVALUATION TOOL

Cognitive Dysfunction Syndrome (CDS) is an irreversible degeneration of the brain similar to Alzheimer's disease in humans, characterized by progressive cognitive decline. As the disease progresses, expect to see changes in your pet's behavior. As your pet ages, it will be more difficult to manage and affects an estimated 10% of dogs 6 years and older.

WHAT IS CDS?

Please list the breeds and product names (if applicable) and the source of all foods, treats, snacks, dental hygiene products, vitamins and any other foods that your pet currently eats, including those that are not listed above. Please indicate if your pet receives any medications or supplements used to administer medications.

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9. Do you have any questions about feeding or nutrition for your pet? _____

DI DYSORIENTATION

- Gets lost, off track, gets lost easily, goes to wrong side of door
- Does not recognize familiar people/pets
- Gets lost in familiar environment
- Gets lost in familiar environment
- Gets lost in familiar environment

S SOCIAL INTERACTIONS

- More interested in humans with visitors, family or other animals
- Reduced interest in approaching, greeting, interacting with people

S SLEEP/WAKE CYCLES

- Waking up frequently at night
- Waking up frequently at night

H HOUSEHOLD, LEARNING AND MEMORY

- Loses interest in toys and responds to previously familiar commands/words
- Loses interest in toys and responds to previously familiar commands/words
- Difficult getting dog to remember commands/directions/teach new tricks

A ACTIVITY

- Decreased in response to play with toys, family members, other pets
- Increased activity including walking, running, climbing, jumping, etc.

A ANXIETY

- Increased anxiety when separated from owner
- Increased anxiety when separated from owner



Fecal Scoring Assessment
Purina Fecal Scoring Chart

The Purina Fecal Scoring Chart is a practical, easy-to-use tool that can help clients describe their pet's stools.

[VIEW TOOL](#)

1 min to 5 min



Making a Diet Recommendation

Components of Nutritional Assessment

Nutritional assessment uses an iterative process to make specific diet recommendations tailored to individual dogs and cats.

[VIEW BRIEF](#)

1 min to 5 min



Use Muscle Condition Scoring to Detect Muscle Loss in Patients

Muscle condition scoring is a hands-on method for evaluating lean body mass that can be used as part of nutritional assessments.

[VIEW BRIEF](#)

1 min to 5 min



Body Condition Assessment

How to Perform a Body Condition Assessment - Cat

Assess a cat's Body Condition Score in just 3 simple steps.

[VIEW VIDEO](#)

1 min to 5 min



Body Condition Assessment

How to Perform a Body Condition Assessment - Dog

Assess a dog's Body Condition Score in just 3 simple steps.

[VIEW VIDEO](#)

1 min to 5 min



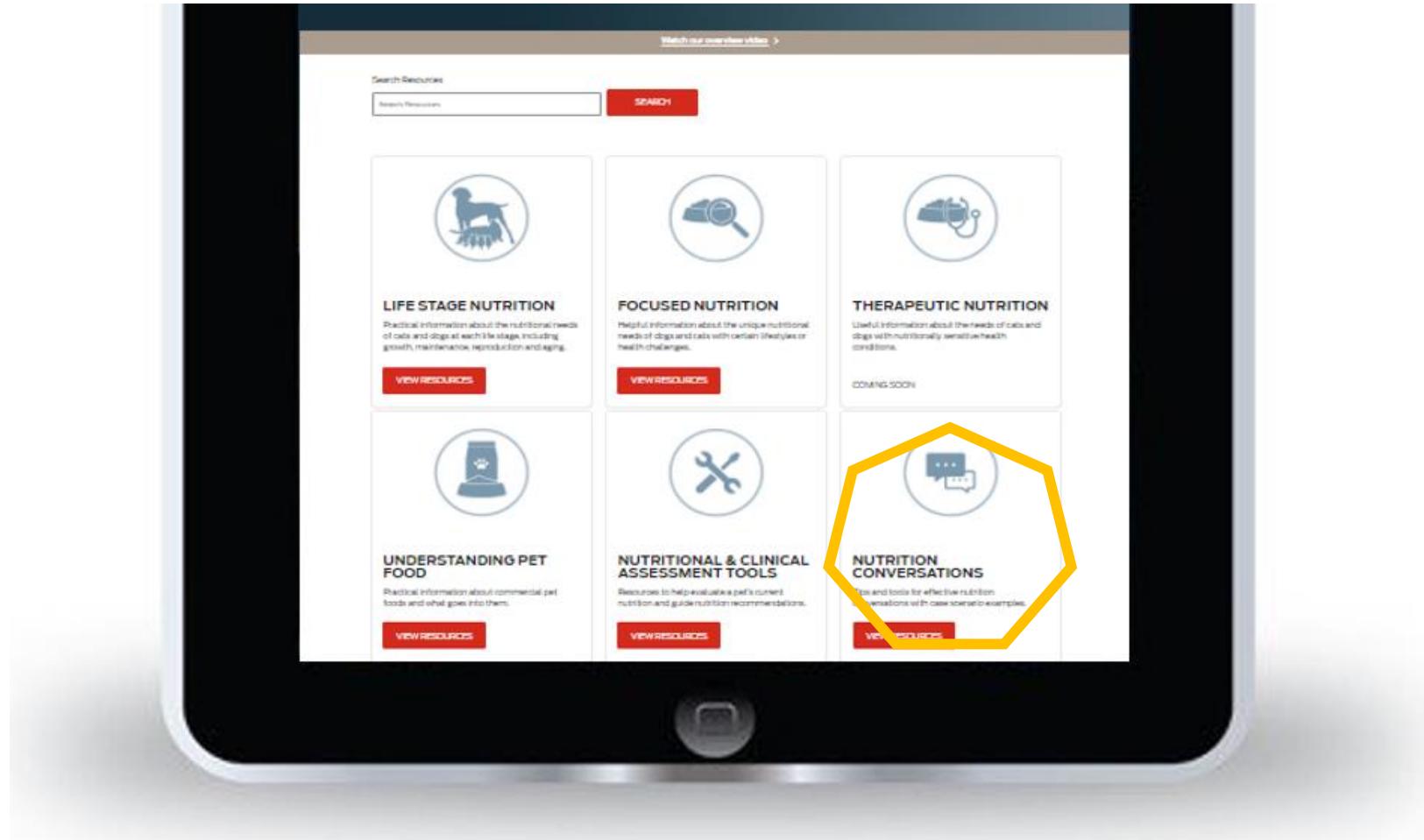
Evaluating Your Cat's Body Condition

Evaluate your cat's body condition in just 3 simple steps.

[VIEW VIDEO](#)

1 min to 5 min

CentreSquare From the Purina Institute Is Your One-Stop Online Resource for Pet Nutrition Science



Nutrition Conversations

Nutrition Conversation Tips

Using Open-Ended Questions to Elicit Accurate Nutrition Information

Asking open-ended questions gives clients the opportunity to provide more accurate information. With that information, the veterinary care team and client can work together to create a workable strategy that's going to help the pet more quickly.

- Walk me through your pet's day.
- What treats does your pet enjoy?
- How do you give medications?

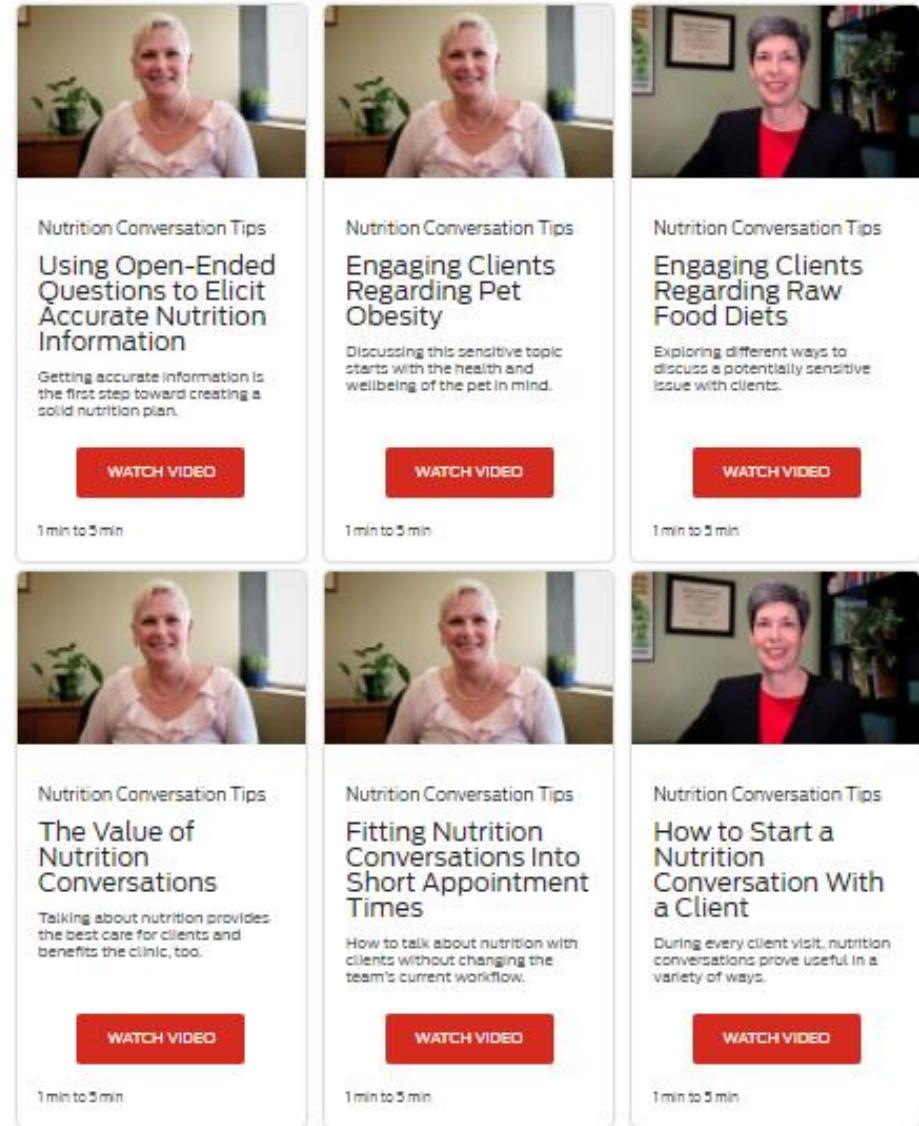
Related Tools and Content:

Components of Nutritional Assessment
Nutritional assessment uses an iterative process to make specific diet recommendations tailored to individual dogs and cats.

Taking a Good Diet History
The only way to know what each patient really eats is to ask — and document the information in the medical record.

[VIEW BRIEF](#) 1 min to 5 min

[VIEW BRIEF](#) 1 min to 5 min



Nutrition Conversation Tips
Using Open-Ended Questions to Elicit Accurate Nutrition Information
Getting accurate information is the first step toward creating a solid nutrition plan.

[WATCH VIDEO](#)
1 min to 5 min

Nutrition Conversation Tips
Engaging Clients Regarding Pet Obesity
Discussing this sensitive topic starts with the health and wellbeing of the pet in mind.

[WATCH VIDEO](#)
1 min to 5 min

Nutrition Conversation Tips
Engaging Clients Regarding Raw Food Diets
Exploring different ways to discuss a potentially sensitive issue with clients.

[WATCH VIDEO](#)
1 min to 5 min

Nutrition Conversation Tips
The Value of Nutrition Conversations
Talking about nutrition provides the best care for clients and benefits the clinic, too.

[WATCH VIDEO](#)
1 min to 5 min

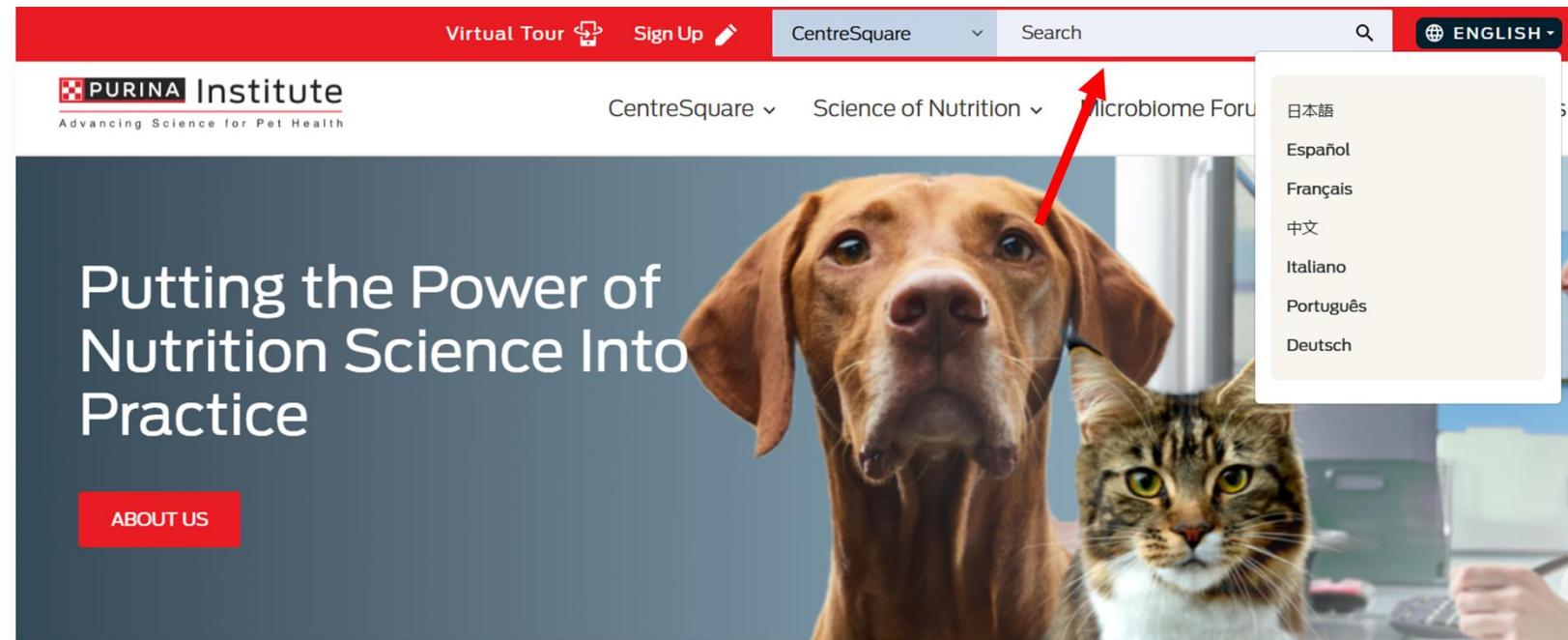
Nutrition Conversation Tips
Fitting Nutrition Conversations Into Short Appointment Times
How to talk about nutrition with clients without changing the team's current workflow.

[WATCH VIDEO](#)
1 min to 5 min

Nutrition Conversation Tips
How to Start a Nutrition Conversation With a Client
During every client visit, nutrition conversations prove useful in a variety of ways.

[WATCH VIDEO](#)
1 min to 5 min

CentreSquare



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PURINA Institute
Advancing Science for Pet Health

CentreSquare  Science of Nutrition  Microbiome Forum 

Putting the Power of Nutrition Science Into Practice

[ABOUT US](#)

At the Purina Institute, we believe science is more powerful when it's shared. That's why we're on a mission to unlock the power of nutrition to help pets live better, longer lives.

As a global professional organization, the Purina Institute shares Purina's leading-edge research and evidence-based information from the wider scientific community in an accessible, actionable way with a goal of empowering veterinary professionals to put nutrition at the forefront of pet health discussions to further improve and extend the healthy lives of pets through nutrition.



PRO PLAN®

Answering Client Questions About Pet Nutrition

Introducing



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Should I be giving my dog probiotics?

Does my large breed puppy need extra calcium?

Are carbohydrates bad for my cat?

NEW: Purina Institute Canine & Feline Clinical Nutrition Handbook

Purpose: Inspire VHPs on the Power of Nutrition

Important characteristics:

- Purina Institute branded credible textbook leveraging over 40 global KOLs positions Purina as a leading authority on clinical nutrition
- Comprehensive resource on therapeutic nutrition containing practical information and tools
- Created for general practice veterinarians, nurses/technicians and staff

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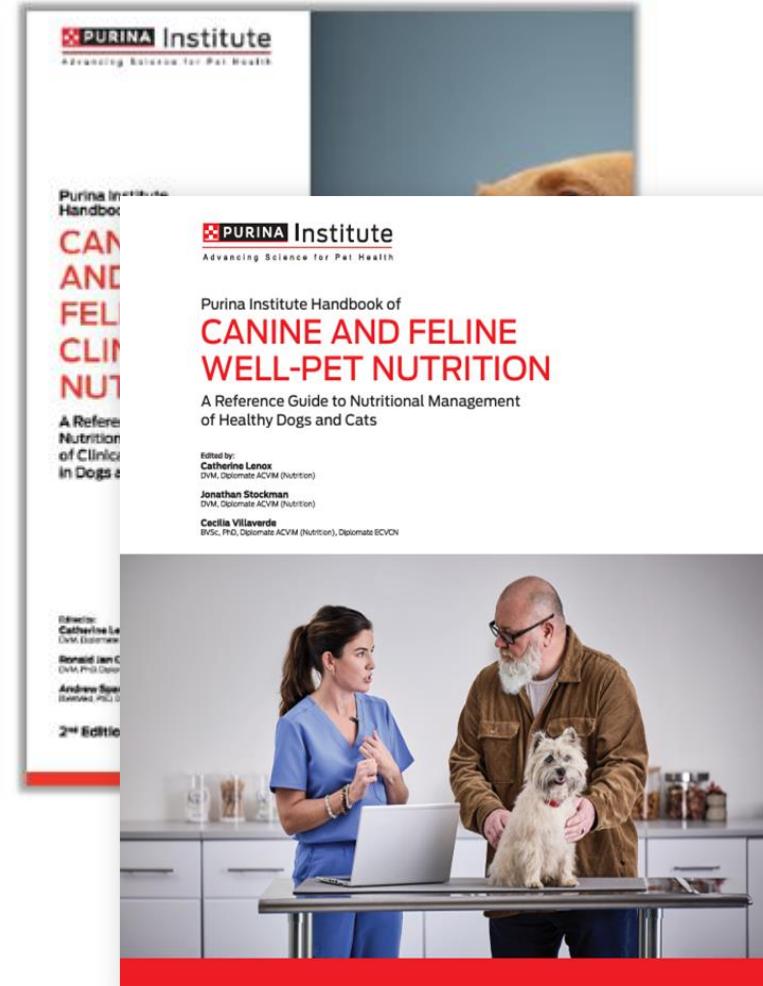
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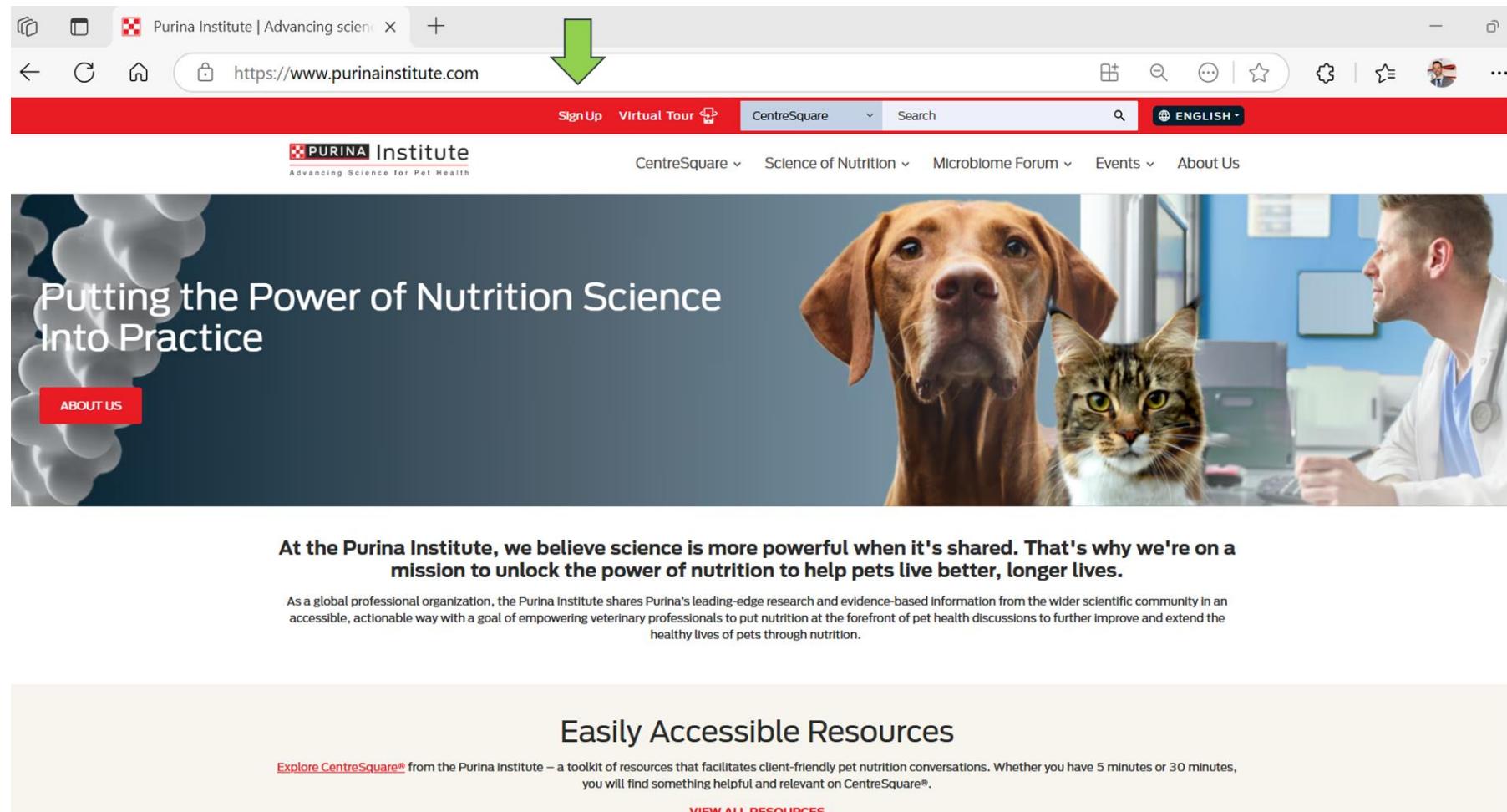
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Putting the Power of Nutrition Science Into Practice

ABOUT US

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Easily Accessible Resources

Explore CentreSquare® from the Purina Institute – a toolkit of resources that facilitates client-friendly pet nutrition conversations. Whether you have 5 minutes or 30 minutes, you will find something helpful and relevant on CentreSquare®.

[VIEW ALL RESOURCES](#)

Purina Key Tools

Purina Institute

CentreSquare

Clinical Nutrition HandBook

Purina Pro Plan

Vet Center

Canine Cognitive Assessment Scale test

Water Intake Calculator

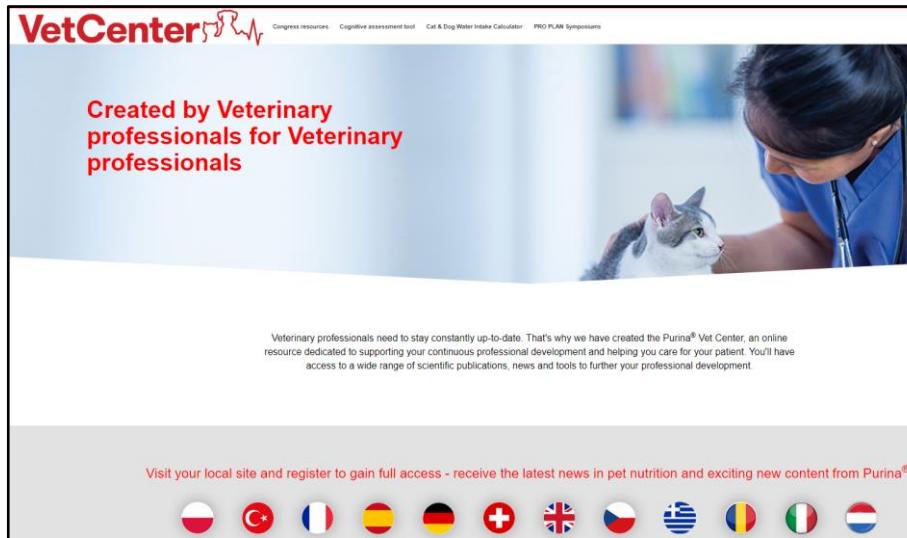
Tailored Feeding Calculator

Nutrition Protocols

Purina Pro Plan Tools

Objectives:

- Focus on **educating and empowering young veterinarians and veterinary healthcare professionals** in their career development and professional growth.
- **Support veterinary healthcare professionals** in their daily clinic operations, addressing challenges such as **time constraints** for patient assessment and the need to **enhance their understanding of nutrition**.
- Provide **assistance to pet owners** on concerns such as appropriate food and water intake for their pets, as well as early detection of cognitive decline.



[VetCenter](#)

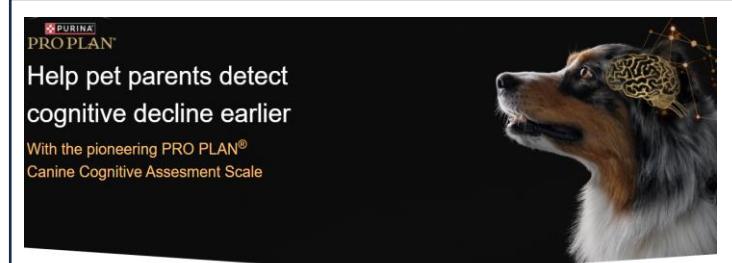
Created by Veterinary professionals for Veterinary professionals

Veterinary professionals need to stay constantly up-to-date. That's why we have created the Purina® Vet Center, an online resource dedicated to supporting your continuous professional development and helping you care for your patient. You'll have access to a wide range of scientific publications, news and tools to further your professional development.

Visit your local site and register to gain full access - receive the latest news in pet nutrition and exciting new content from Purina®.

Poland, Turkey, France, Spain, Germany, Switzerland, United Kingdom, Czech Republic, Greece, Belgium, Italy, Netherlands

[Vet Center EU | Purina \(vet-center.eu\)](#)



PURINA PRO PLAN

Help pet parents detect cognitive decline earlier

With the pioneering PRO PLAN® Canine Cognitive Assessment Scale

Please, select your language to continue



[CDS Scale Landing | Purina \(vet-center.eu\)](#)

Discover the new PRO PLAN® Water Intake Calculator

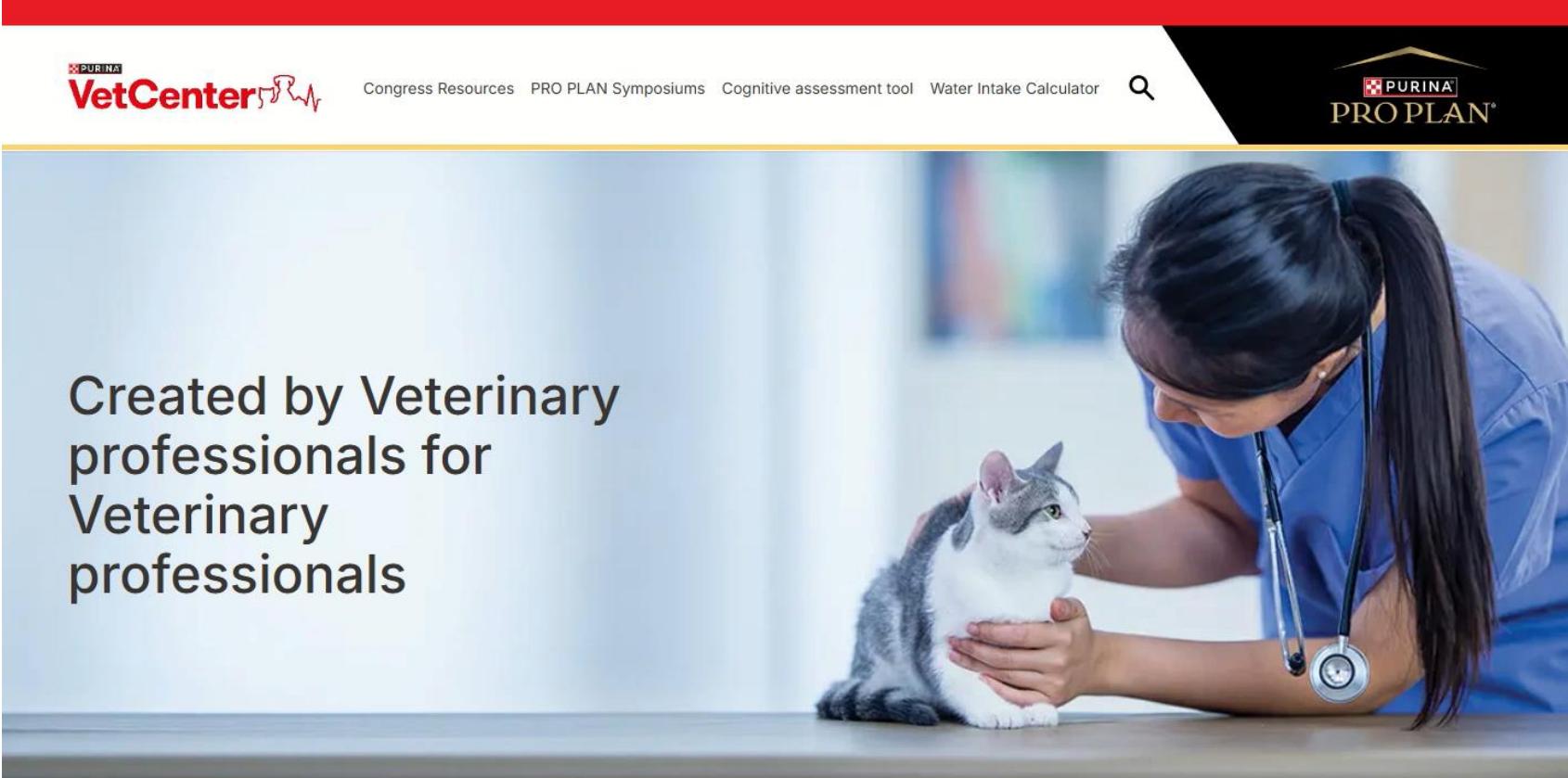
Show your clients how much water their pets need for optimal hydration

Please, select your language to continue



[Cat & Dog Water Intake Calculator | Purina \(vet-center.eu\)](#)

Vet Center



PURINA
VetCenter 

Congress Resources PRO PLAN Symposia Cognitive assessment tool Water Intake Calculator 

PURINA
PRO PLAN

Created by Veterinary professionals for Veterinary professionals

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PRO PLAN

Vet Center

Welcome Login Register English

PURINA VetCenter

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PURINA PRO PLAN

DEVELOPED WITH PURINA VETERINARIANS

PURINA PRO PLAN

Recommend Everyday Nutrition To Support Their Natural Defences

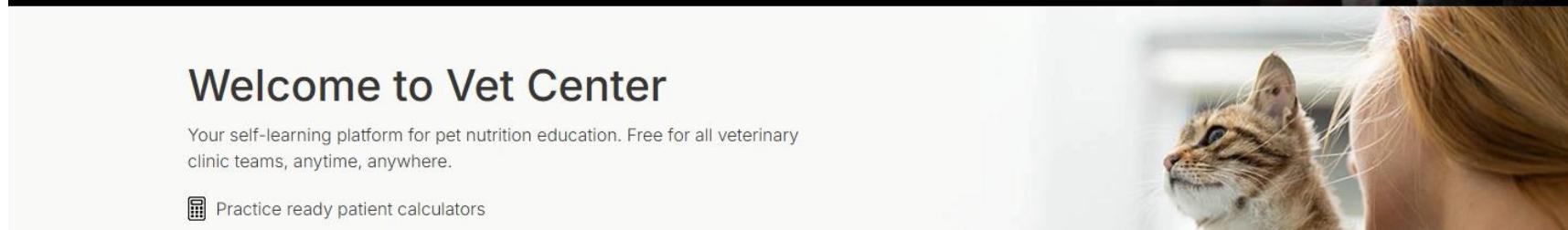
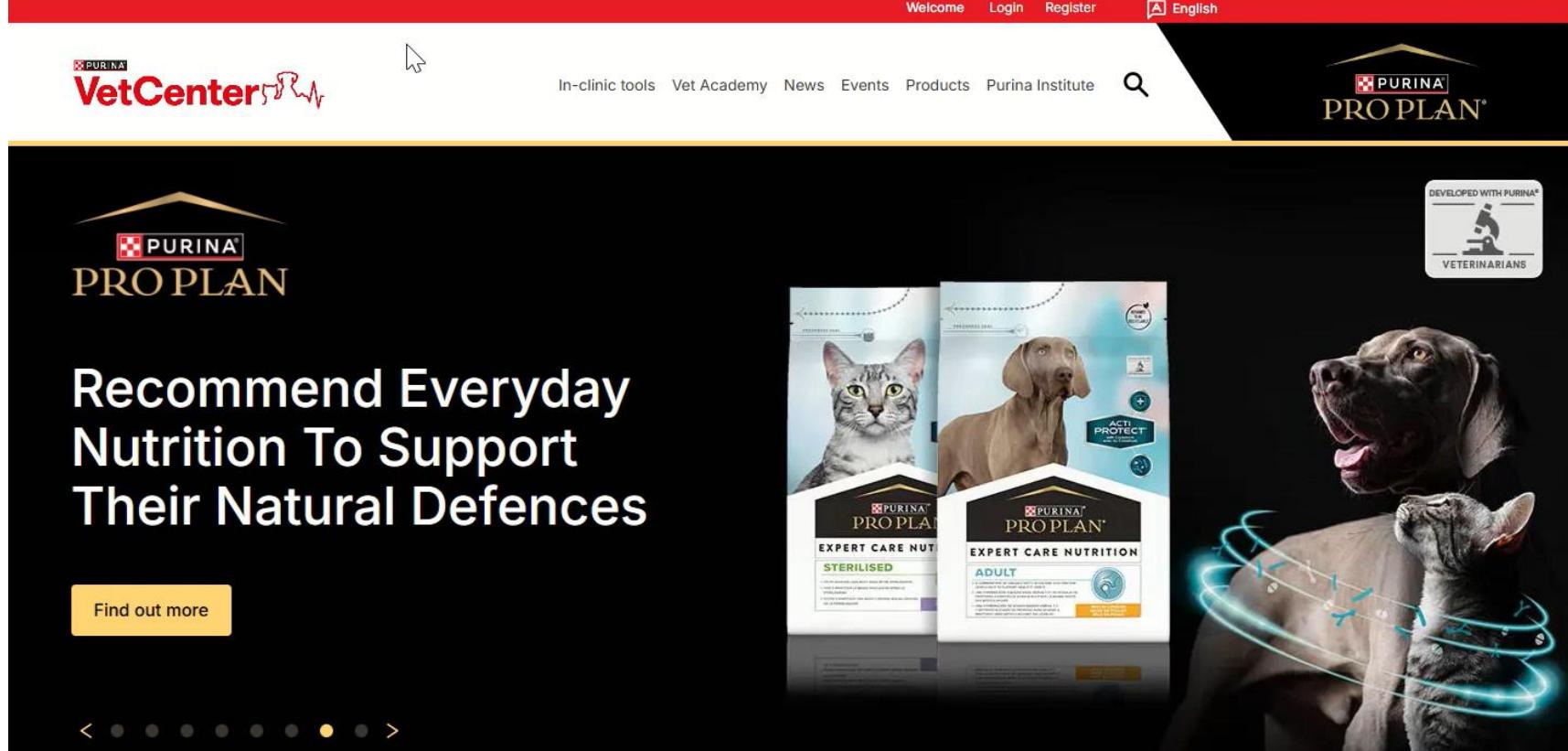
Find out more

< ● ● ● ● ● ● ● >

Welcome to Vet Center

Your self-learning platform for pet nutrition education. Free for all veterinary clinic teams, anytime, anywhere.

Practice ready patient calculators



Canine Cognitive Assessment Scale



Help pet parents detect
cognitive decline earlier

With the pioneering PRO PLAN®
Canine Cognitive Assesment Scale



Please, select your language to continue



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*Modified from Landsberg G, Madan A, Zika N 2017. Canine and Feline Dementia. Molecular basis, diagnostic and therapy. Springer International Publishing, Switzerland.
Le Brech, S. et al. 2022. Evaluation of Two Practical Tools to Assess Cognitive Impairment in Aged Dogs. *Animals*, 12(24), 3538



Water Intake Calculator

 PURINA Purina: Your Pet, Our Passion

VetCenter 

[Congress resources](#) [Cognitive assessment tool](#) [Cat & Dog Water Intake Calculator](#) [PRO PLAN Symposia](#)



Discover the new PRO PLAN® Water Intake Calculator

Show your clients how much water their pets
need for optimal hydration



Please, select your language to continue



 PURINA

PRO PLAN®

Tailored feeding Calculator

Live in Spain, France, Italy, UK, Portugal, Poland, Greece, Turkey, Netherlands, Romania, Norway, Sweden, Ukraine & Czechia

The screenshot shows the Purina VetCenter website. At the top, there are navigation links for Welcome, Login, Register, and a language selector for English. The main header features the Purina PRO PLAN logo. Below the header, a large banner announces the "Purina® PRO PLAN® Veterinary Students Symposium 2025" on December 13th, from 09.00 to 13.30 CET, as a virtual event. It includes a photo of a smiling veterinarian holding a cat. To the right, there is a section for simultaneous translation to five languages, indicated by small flags. The main content area below the banner is titled "Welcome to Vet Center" and describes it as a self-learning platform for pet nutrition education, available for all veterinary clinic teams anytime, anywhere. It features a "Practice ready patient calculators" link and a small image of a cat. The Purina PRO PLAN logo is also present in the bottom left corner of the main content area.

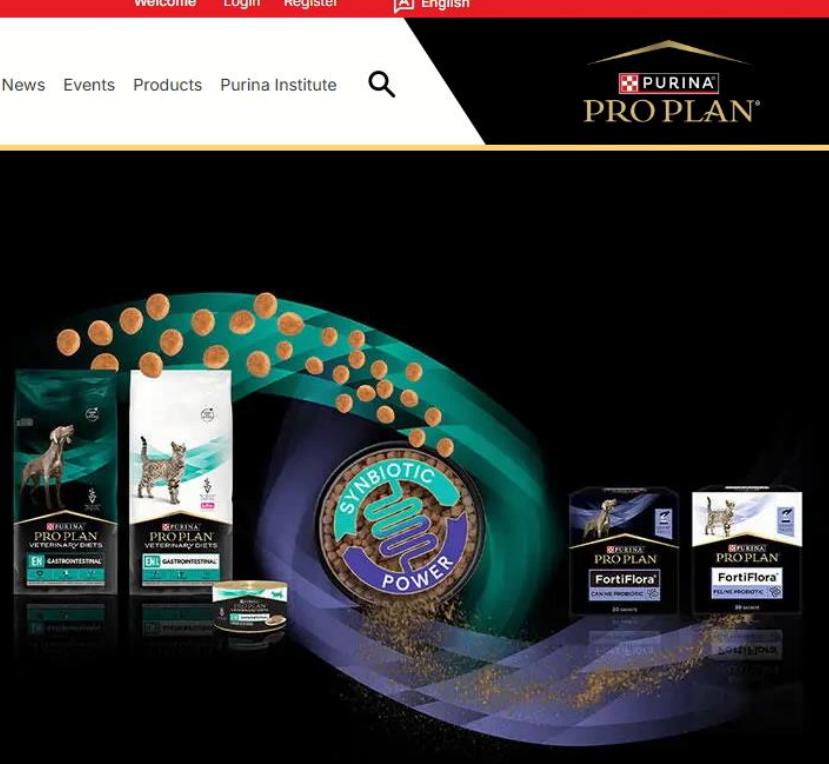
Nutritional Protocols

Welcome Login Register A English

PURINA VetCenter

In-clinic tools Vet Academy News Events Products Purina Institute

PURINA PRO PLAN



PURINA PRO PLAN

Make a difference to gut health with the synbiotic power of prebiotic and probiotic

< ● ● ● ● ● ● >

Welcome to Vet Center

Your self-learning platform for pet nutrition education. Free for all veterinary clinic teams, anytime, anywhere.

Practice ready patient calculators





PRO PLAN®

symposium

Thank you!

